

Diphenhydramine (Benadryl, etc.) Dosage Table

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Child's weight (pounds)	20-24	25-37	38-49	50-99	100+	lbs.
Liquid 12.5mg/5ml (tsp)	¾	1	1½	2	–	tsp
Chewable 12.5 mg	–	1	1½	2	4	tablets
Capsules 25 mg	–	–	–	1	2	caps

Indications: Treatment of allergic reactions, nasal allergies, hives and itching.

Table Notes:

- **AGE LIMITS:** For **allergies**, don't use under 1 year of age (Reason: it's a sedative). For **colds**, not recommended at any age (Reason: no proven benefits) and should be avoided if under 4 years old. Avoid multi-ingredient products in children under 6 years of age (Reason: FDA recommendations 10/2008).
- **DOSAGE:** Determine by finding child's weight in the top row of the dosage table
- **FREQUENCY:** Repeat every 6 hours as needed
- **ADULT DOSAGE:** 50 mg
- **CHILDREN'S BENADRYL FASTMELTS:** Each fastmelt tablet contains the equivalent of 12.5 mg of Diphenhydramine HCL and dosed the same as chewable tablets

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Content Set: Pediatric HouseCalls Symptom Checker

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